



IV Pharmacy & Nutrition Services

PEG Tube Site Care

Procedure for a New Tube:

For the first 5 days after surgery, until _____:

1. Remove dressing the morning after surgery.
2. Then mix $\frac{1}{4}$ cup Hibiclens or Chlorhexidine with $\frac{1}{4}$ cup water.
3. Use a clean washcloth or gauze pads to dribble the mixture onto the site and under the “bumper pad.” It is normal for the bumper pad to be snug.
4. Use cotton swabs to gently remove any crust around the site.
5. Use a clean cotton swab to apply a small amount of antibiotic ointment to the site under the “bumper pad.”
6. Apply dressing only if there is drainage.

Cleaning Procedure After the First 5 Days:

Start Date _____:

- 1. Stop using gauze dressing over the exit site. Let the exit site air dry from now on.**
- 2. Wash the exit site daily with soap and water, (no longer use the Hibiclens solution). If you still see some crust under or around the bumper pad, clean off the crust with a cotton swab dipped in warm water. Rinse well and pat dry.**

CALL YOUR DOCTOR FOR THE FOLLOWING:

- Redness, swelling, increasing pain or unusual drainage that may signal infection.**
- If the formula leaks around the exit site.**

MD: _____ Phone: _____

RESTRICTION OF ACTIVITIES:

- 1. You may shower the day after the feeding tube has been placed.**
- 2. You may have a tub bath when the site is totally healed and there is no drainage from the site.**
- 3. Speak to your doctor before swimming or going in a hot tub.**